

ATHLETIC COACHING MINOR

A minor in Athletic Coaching equips students with the principles of coaching, behavior, teaching, physical training and management, which are the essentials to becoming a successful coach. The goal of this program is to train students to be effective teachers and trainers while simultaneously enhancing communication and motivational skills and improving team dynamics and risk management skills.

Regulations Governing Minor Course Work

1. There shall be a minimum of 18.0 credit hours with a minimum Millersville QPA of 2.0.
2. Only one course which counts toward your major may be counted toward your minor.
3. Courses that count toward a minor are also eligible to be used to satisfy the current University-wide General Education requirements subject to normal distribution requirements.
4. At least two courses should be at the upper-division level (300-400). Exceptions may be requested upon evidence of program depth.
5. No course needed for the minor may be taken Pass-Fail.
6. One-half or more of the work required for the minor must be completed at Millersville University.
7. No student may minor in his or her major.

Minor in Athletic Coaching

Code	Title	Hours
WSSD 311	Resp to Emergen: First Aid CPR	3
Kinesiological Physiological Foundation of Sport		3
WSSD 450	Kinesiology and Phys Found of Sport	
Theory/Techniques of Coaching and Sport - Choose 1 of the following:		3
WSSD 480	Theory & Tech of Coach & Sprt	
WSSD 551	Coaching of Sport	
Permission is required for undergraduates to register for WSSD 551		
WSSD 483	Legal Aspects of Sport	3
Electives - Choose 2 of the following:		6-15
WSSD 300	Co-Op Ed Experience in WSSD	
WSSD 350	Sport in North America	
WSSD 375	Prevention and Care of Athletic Injuries	
WSSD 384	Contemporary Issues in Sport	
WSSD 410	Intl. Sport Issues & Industry	
WSSD 452	Nutrition for Performance Enhancement	
WSSD 454	Leadership Development in Sports	
WSSD 482	Coaching Effectiveness	
WSSD 485	Perf Enhance:Mntl Trng in Sprt	
WSSD 486	Topics	
WSSD 498	Independent Study	
COMM 429	Topics in Communication (Topics: Sport Communication)	
Total Hours		18-27