

WELLNESS & SPORT SCIENCES

The Wellness and Sport Sciences Department (WSSD) will inspire students to engage in Millersville University's EPPIIC values and make a difference in the communities where they will live and work.

The mission of WSSD is that we are dedicated to high-quality wellness instruction for all undergraduate students and the delivery of excellent academic programs for undergraduate and graduate students in the sport-related careers of Sport Administration and Management, Sports Medicine, Pre-Athletic Training, and Athletic Coaching.

The WSSD offers one degree with two options leading to the Sport Administration baccalaureate degree.

- Sport Administration with Sport Business concentration
- Sport Administration with any minor or 2nd major

The department also teaches courses for the wellness requirement, which is required for graduation of all Millersville University students. In addition, the department collaborates with other departments within the University to offer several different majors:

- MDST — Pre-Occupational Therapy (with psychology);
- Allied Health — Sports Medicine (with biology);
- Allied Health — Pre-athletic Training (with biology);
- Journalism — with a Sport Studies minor (with communication and theatre)

Moreover, the department offers a minor in athletic coaching for those wishing to develop the knowledge and skills necessary to safely coach athletes; and a minor in sport studies giving students opportunity to examine the role that sport plays in shaping culture and in preparing for sport-related careers in humanities, social and environmental sciences. Students are eligible to receive certification in the American Sport Education Program. Furthermore, the department offers an elective course which grants national certification in first aid. The department also offers a graduate program with a master's degree in sport management, with a concentration in athletic management and athletic coaching.

Students are required to pass three credits in wellness to qualify for degrees. Only WELL 175 Wellness or WELL 240 Health, Safety, Nutr for Child may be used to satisfy the general education, connections and exploration requirement.